

Save Mount Diablo
Discover Diablo – Rock Climbing Events Safety Guidelines

Transportation

- All guides and participants must provide their own transportation to and from activity locations.

Location

- Guides will scout the rock-climbing routes before the day of the event to be thoroughly familiar with the general characteristics and conditions found in the location, and have consulted with people who can supply recent and first-hand knowledge of the locations being considered.

Weather

- Guides will check the weather forecast for the location in the days leading up and on the day of the event.
- Guides will monitor and assess the weather throughout the activity and be prepared to cancel, modify, or relocate at any time.
- Inclement weather automatically cancels the event. All participants will be notified of this cancellation. The event may be rescheduled for a later date.

First Aid

- All guides have current (within 2 years) Wilderness First Aid training, current (within 2 years) Cardiopulmonary Resuscitation (CPR) training, and carry a first aid kit.
- All participants are required to sign Save Mount Diablo's Release of Liability waiver and provide guides with an emergency contact name and phone number during registration.
- In the event of an emergency, rock-climbing guides will notify the appropriate agency (California State Park and 911).

Experience & Qualifications

- Guides involved in planning and leading the rock-climbing activity will have sufficient knowledge and experience of the activity and the activity location.
- Guides will have training and/or experience in:
 - Secure set up of climbing equipment
 - Teaching techniques and group management
 - Site choice in relation to safety and environmental factors

Youth

- All climbers must be five years old or older. All climbers under the age of 18 must attend the rock-climbing event(s) with a parent or legal guardian.
- All participants must sign the release of liability form prior to climbing and/or belaying. Climbers under the age of 18 must have the Liability Waiver form signed by a parent or legal guardian.

Participant Skills

- First time climbers and beginners will receive competent instructions on basic climbing skills.
- Guides will identify the previous experience of each participant and adjust training accordingly.
- All participants will be briefed before the activity on:
 - Activity scope and boundaries

- Equipment that Save Mount Diablo provides.
- Equipment (including clothing and footwear) that the participant must bring for the activity.
- Environmental conditions and potential hazards
- Safety measures that are appropriate to control risks associated with rock climbing and the environment.
- Minimal environmental impact techniques relevant to rock climbing and the location
- Historical and cultural considerations relevant to rock climbing and the location
- Communication and communication signals
- Relevant rock-climbing terminology
- The use of safety equipment such as harnesses, helmets, and descending devices
- Basic rope management

Equipment

- All climbing equipment used must be in good working condition and meet applicable industry safety standards.
- Save Mount Diablo will provide participants with:
 - Belay Devices – will be attached to harness with a locking carabiner.
 - Harnesses – guides will make sure each harness is correctly fitted to the participant.
 - Helmets – must be worn by all guides and participants when rock climbing.
 - Ropes – will be secure to the harness according to the harness manufacturer’s instructions.
 - Rescue Equipment – guides will have appropriate rescue equipment during the activity.

COVID-19

- All participants must agree and sign Save Mount Diablo’s COVID-19 Protocol during event registration.
- All participants must follow all applicable state and county COVID-19 guidelines.