

# Save Mount Diablo's Four Days Diablo

*A rare adventure in your own backyard*

**Wednesday-Saturday, April 26 – April 29, 2017**

Picture sparkling streams flowing down canyons below spectacular mountain peaks, a castle of rocks across the way. As you leave civilization behind you notice eagles and falcons flying above a western box canyon riddled with hundreds of caves . . . wildflower meadows and dense woodland views uninterrupted for many miles. With brilliant sun above and cloud-filled valleys below, a snow covered range shines in the distance. Crossing just two small roads in four days, your small group will be in the middle of vast wild lands just a half hour from home. This is the thirty-mile Diablo Trail - from Walnut Creek to Brentwood.

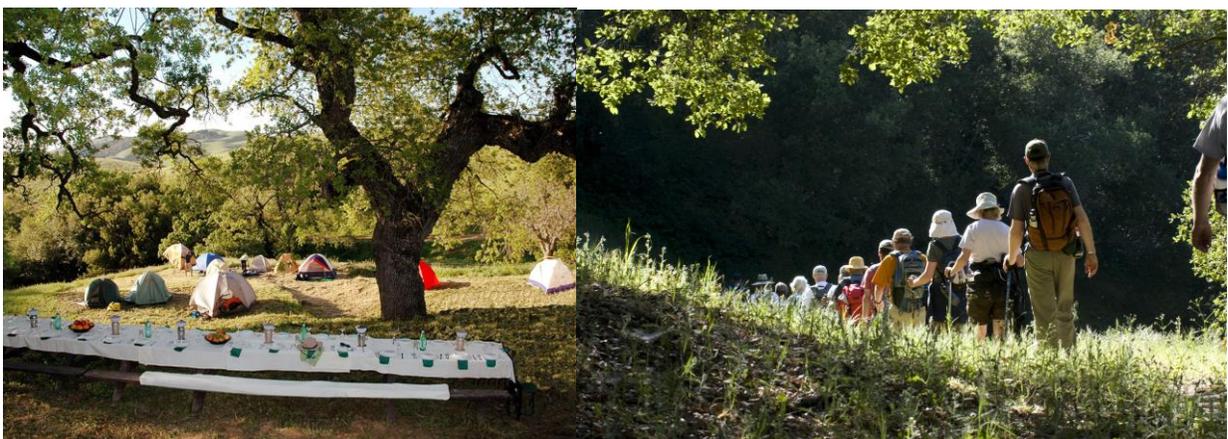
Your daypack will seem light as you learn about the natural and human history that you will encounter on each day of the hike. When you stroll into camp for the evening, you're met with cool drinks and, after sunset, a sumptuous dinner catered by premiere East Bay restaurants. After dinner, local experts will tell stories about your journey--the spectacular scenery, the natural and cultural history.

There will be opportunities to spend quiet time and maybe you will see bobcats or mountain lions. You will fall asleep under the stars, high on a ridge, in an isolated meadow, at an old homestead site on "the morning side of the mountain". Four days, three nights, pleasant company and a breath taking experience you'll treasure forever.

Save Mount Diablo proposed the 30 mile Diablo Trail in 1993 to showcase the regional cooperation that has preserved lands across Mount Diablo from Walnut Creek to Brentwood and Livermore. The Diablo Trail stretches through six different open spaces--Shell Ridge Open Space, Diablo Foothills Regional Park, Mt. Diablo State Park, Morgan Territory Regional Preserve, the Los Vaqueros watershed and Round Valley Regional Preserve--crossing more than 50,000 acres of public land, half of it acquired in the past 17 years.

Be among the few to experience this unique trip. Maximum of 24 participants, \$1,200 per person (\$600 of which is tax-deductible), proceeds benefiting Save Mount Diablo's land preservation programs.

Please call 925-947-3535 to reserve your space or sign up online. Deposit \$600.00 Balance due by March 25, 2017.



*Left; Third night site for Four Days Diablo trip. Dinner awaits as campers set up tents at the campsite, on the site of the historic Cardoza homestead in Morgan Territory Regional Preserve. (Photo by David Ogden)*

*Right: Hiking on the Diablo Trail (Photo by Scott Hein)*

## Four Days Diablo – Trip Information

### Welcome

Thank you for your interest in the ***Four Days Diablo - Backpacking Trip***. In order to prepare for the trip, we recommend that registered participants attend the **Pre-Trip Orientation Meeting on Thursday, March 23rd from 7:00pm-8:30pm**. The pre-trip meeting is held at the Save Mount Diablo office.

### General Information

Our participants have ranged in age from 25 to 75. Although you will only carry a day pack, Four Days Diablo is a significant hike with daily mileages ranging from 6.5 to 9 miles (with optional side trips), elevation gains of 500 to 2000 feet and elevation losses of 500 to 2100 feet per day. You should be in good physical condition. During the 4 days and 3 nights, the trip will cover approximately 30-36 miles from Walnut Creek to Brentwood.

If you have concerns, you should discuss your participation with your personal physician and then with a Save Mount Diablo representative.

The trip will take place regardless of the weather, although in extreme situations Save Mount Diablo reserves the right to reschedule all or part of the trip.

Experts will accompany the group and will provide information about the natural and human history of the area covered on the trip. Interesting programs will be offered after dinner on two of the three nights.

Participants need only carry a small daypack on each day's hike. All food (except lunches and day snacks), tents, sleeping bags and other equipment will be shuttled to each campsite by Save Mount Diablo staff and volunteers.

### Financial Information

In order to reserve a space on the trip, Save Mount Diablo must receive a deposit of \$600 (fully tax deductible, non-refundable) per person. Your deposit of \$600 is due at registration and the balance of \$600 is due on March 25, 2017.

In the event of cancellation by a participant, the deposit will be non-refundable. Your fees will cover all meals, snacks and drinks. Limited dietary restrictions can be accommodated by speaking with us well in advance of the trip.

### Transportation

The trip begins at **Howe Homestead Park in Walnut Creek**, 2950 Walnut Boulevard, Walnut Creek, CA 94596, on a Wednesday April 26, 2017 promptly at 8:00 am. Participants should make arrangements to be dropped off at that location.

The trip will end in the late afternoon on a Saturday at the **Round Valley Regional Preserve** staging area, east of Clayton on Marsh Creek Road, about 2 miles east of Deer Valley Road at 19450 Marsh Creek Rd, Brentwood, CA 94513. Participants should make arrangements to be picked up at that location between 2 pm and 5 pm. Cooperative transportation plans may be arranged at the orientation meeting.



**Save Mount Diablo**  
1901 Olympic Blvd, Suite 320  
Walnut Creek, CA 94596  
925-947-3535 // Fax 925-947-0642  
[www.SaveMountDiablo.org](http://www.SaveMountDiablo.org)

# Four Days Diablo

## Equipment List

The following is a list of equipment that participants will need to bring. Please review it carefully and contact the Save Mount Diablo office if you have any questions, especially regarding footwear.

- Sleeping Bag (rated to 32°)
- Air mattress or a pad
- Tent and ground cover
- Day pack
- Soft-sided duffel bag to hold clothing for the trip
- Rain Gear
- Chap Stick
- Sun Screen / Aloe vera gel
- Insect repellent
- 2 liter sized water bottles, at a minimum
- Brimmed Hat
- Shorts
- Long Pants
- Underwear and Socks (bring extra)
- Shirts to layer as temperature drops at night
- Hiking boots or shoes (talk with us at the orientation)
- Comfortable shoes/sandals for in camp use.
- Towel
- Toiletries
- Toilet paper (trail use)
- Plastic spade
- Personal Medications
- Flashlight or headlamp with extra batteries
- Sun Glasses
- Warm cap to wear while sleeping
- Walking Sticks

### Optional Items:

- Hiking gaiters
- Camera
- Binoculars
- Bandana
- Umbrella or parasol for sun protection

Please contact us at 925-947-3535 if you need assistance or have questions about the equipment list.

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